

# TEA MARKET

www.teamarket.com

Open Monday through Saturday: 10 - 5 & Friday: 10 - 6 & Sunday 11 - 4

Menu of premium, whole-leaf, specialty, all-natural teas orthodoxically produced, sustainably grown from the finest tea growing regions of the world

**White Tea:** Downy covered leaf buds, or the tender top 2 leaves and a bud, plucked in the early spring. Minimally processed: simply withered and dried. Pale liquor and a mild delicate flavor.

**Steep 1 teaspoons of tea leaves in 8 oz. of 180° water for 2-4 minutes, reinfuse 2-3 times.**

□ HAPPY TEA	\$6.20 per oz.	Our Award Winner blend of chamomile, lemon, hibiscus, raspberry, licorice, ginger, lavender
□ WEDDING TEA	\$4.35 per .5 oz	Silver Needle with pink rose petals, vanilla & lemon myrtle. Everlasting!
□ WHITE MOUNTAIN	\$5.00 per .75 oz	A blend of 2 traditional chinese teas, white Peony King softens the earthy flavor of Puerh
□ WHITE PEONY KING	\$5.00 per .5 oz	Silver needle provides a fresh, delicate flavor with buttery mouth feel.
□ WHITE POMEGRANATE ORGANIC	\$5.25 per .75 oz	Silver needle & mutan, rosehips, hibiscus & berries
□ YIN ZHEN SILVER NEEDLE	\$6.00 per .5 oz	Pure Organic Yen Zhen Silver Needle "Tribute Tea" from Fujian.

**Green Tea:** Unoxidized leaves are shaped, rolled or laid flat, varying by region. Processes of steaming or firing are used to de-enzyme the leaves which are then dried. Many healthy antioxidants. Flavor profiles range from delicate & sweet to grassy & vegetal. Many flavored teas to choose from for lots of variety in your daily green tea.

**Steep 1-2 teaspoons of tea leaves in 8 oz. 160° water for 2-3 minutes, re-infuse 2-3 times.**

□ AN JI BAI PIAN	\$12.00 per .5 oz.	A "Tribute Tea", rare & fragrant with a pleasant mild taste. High L-Theanine & low caffeine
□ BERRY WELLNESS	\$4.70 per oz.	Sencha with pomegranate, goji & blueberries. Immune-boosting goodness! Best Seller!
□ DRAGONFRUIT & ROSES	\$4.60 per .75 oz	Sencha with chunks of exotic Vietnamese fruit & whole pink baby rosebuds.
□ DRAGONWELL <i>Lung Ching</i>	\$4.80 per oz.	The most famous Chinese green tea: mellow, smooth, slight vegetal flavor.
□ EARL GREEN	\$6.30 per oz.	Beautiful deep-green Taiwan Pouchong leaves with Bergamont essential oil.
□ EMERALD DRAGON	\$8.00 per .75 oz	A "Tribute Tea", delicate, fragrant, smooth and mild. Revered for its alluring vitality.
□ GUNPOWDER	\$3.75 per oz.	Named for its pellet shape. Mild golden infusion with a hint of smokiness.
□ GYOKURO	\$14.65 per oz.	One of Japan's highest grades of tea. Bright, grassy, smooth <i>umami</i> flavor
□ HIGH GRADE SENCHA	\$5.30 per oz.	Japanese steamed early green tea: deep, grassy flavor. Healthy!
□ JAPANESE CHERRY	\$4.70 per oz.	Exquisite Sencha with dried cherry pieces.
□ JASMINE PHOENIX PEARLS	\$9.75 per oz.	Organic Premium hand rolled pearls with jasmine, luxurious "Tribute Tea".
□ KC SUMMER	\$5.35 <u>per .75 oz</u>	Yin Hao Jasmine green tea blended with gorgeous, whole Butterfly-pea Flowers.
□ LEMON SENCHA	\$4.35 per oz.	Sencha tea blended with refreshing lemon & lime zest. Refreshing citrus flavor!
□ MANGO TANGO GREEN	\$4.35 per oz.	Sencha, mango, lemon, safflowers & marigolds. Aromatic!
□ MEYER LEMON CHAI	\$5.50 per oz.	Rare Indian Green tea blended with chai spices and brightened with lemon
□ MOROCCAN MINT	\$4.05 per oz.	Fresh house blend of Gunpowder Green tea and Peppermint.
□ TROPICAL GREEN	\$4.35 per oz.	Bancha blended with tasty grapefruit & passion fruit. Exotic mix of flavors!
□ WUYI MAO FENG	\$4.70 per oz.	Organic small leaf and bud sets. Delicate, sweet finish. Good daily green tea.
□ YIN HAO JASMINE	\$5.35 per oz.	Delicate Chinese healthy green tea. Heady jasmine aromatherapy!

**Oolong Tea:** Semi-oxidized leaves; with complex flavor & aroma; more delicate than black tea & more powerful than green. May be light & fragrant (greener oolong) or deep & roasted (dark oolong). Should be infused many times for the tea to reveal its full range of flavors and aromas. THE choice for the true tea connoisseur. Benefits include aiding in weight loss and lowering blood cholesterol.

**Steep 1-3 teaspoons of tea leaves in 8 oz. 170°-190° water for 2-4 minutes, re-infuse 2-5 times.**

□ BAO ZHONG	\$6.80 per .75 oz.	Organic twisted leaves; rich emerald, complex aromatic "Tribute Tea".
□ JADE OOLONG	\$8.40 per oz.	Taiwanese, lightly-oxidized, tightly rolled. Fragrant, aromatic, delicious!
□ LEMON BASIL OOLONG	\$4.55 per oz.	Dark leaf style, with the fruit & zest of Lemon & a hint of savory Basil, delicious!
□ MILK TASTE OOLONG	\$18.00 per oz.	Organic, nugget style leaves. naturally "Creamy" tasting "Tribute Tea"
□ OOLONG GODDESS	\$5.80 per oz.	Lightly oxidized Soushan Oolong tea blended with dried strawberries & goji berries.
□ SHALIMAR	\$5.00 per oz.	Superior grade wuyi oolong blended with citrus & berry fruits, rosehips & hibiscus
□ WUYI OOLONG	\$4.90 per .75 oz.	Organic. Smooth, rich body with classic roasted flavor and sweet finish.

**Decaffeinated Tea:** The caffeine in tea is buffered and released slowly into our central nervous system. This increases our concentration, alertness & energy. For those who cannot even tolerate tea's gentle stimulant, we offer teas 98% decaffeinated using the CO<sub>2</sub> process.

**Steep 1 teaspoon of tea leaves in 8 oz. 212° water for 3-5 minutes, re-infuse 2-3 times.**

□ DECAF BLUEBERRY MANGO	\$5.85 per oz.	Fresh Blueberry & Mango
□ DECAF EARL GREY	\$5.85 per oz.	Good Earl flavor
□ DECAF ENG BREAKFAST	\$5.40 per oz.	Evening cuppa
□ DECAF PEACH & GRAPEFRUIT	\$5.85 per oz.	Makes a bright and peachy cup of iced tea
□ DECAF RASPBERRY ARONIA	\$5.85 per oz.	A strong berry cuppa

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**Black Tea:** Fully oxidized leaves produce a hearty, deep, rich flavor in an amber to dark brown colored infusion. It is the oxidation process (oxygen coming into contact with enzymes in the tea leaf) that distinguishes black teas from all other teas. These orthodox whole leaf teas differ greatly from teas produced for tea bags. The soil and climate conditions that vary from region to region contribute to the unique characteristics of each varietal. Lots of fruity and flavored teas, too!

Steep 1-2 tsp. leaves in 8oz 212° water for 3-5 minutes.

❑ AFTERNOON TEA	\$5.35 per oz.	House blend of black teas & Oolong that makes a wonder afternoon delight!
❑ APRICOT	\$4.35 per oz.	China black tea blended with dried chunks of sweet, juicy apricots.
❑ BIRTHDAY TEA	\$4.00 per oz.	Celebratory blend of black tea withraspberry, passion fruit, marigolds.
❑ BLACK CURRANT	\$4.35 per oz.	Bold, fruity black currant flavor from natural-dried currants. A real favorite.
❑ BLOOD ORANGE	\$4.35 per oz.	Smooth blend infused with blood oranges for a clean, bright, citrusy flavor.
❑ BORA BORA	\$4.35 per oz.	Hibiscus, Apple, Papaya, Strawberry, Currants & more; fruity, sweet goodness
❑ CARAMEL TOFFEE	\$4.95 per oz.	Melt-in-your-mouth blend of black tea with rich, buttery toffee pieces
❑ CHOCOLATE MINT	\$4.35 per oz.	Elegant after dinner tea. Tastes just like one of those Andes mints in a cup.
❑ DARJEELING	\$6.35 per oz.	An exquisite, authentic, organic Castleton Estate 1st flush. Lovely!
❑ EARL GREY DE LA CRÈME	\$4.35 per oz.	Sometimes called "Lady Grey," rich black tea with Bergamot and Lavender.
❑ EARL GREY ORGANIC	\$5.00 per oz.	Simply the BEST Earl Grey ever! Voted #1 at the World Tea Expo!
❑ ENGLISH BREAKFAST	\$3.75 per oz.	Golden-amber, smooth and robust tea blend from India and China teas.
❑ GOLDEN MONKEY	\$9.00 per oz.	Characterized by light, honeyed peach notes and no astringency. Considered one of the finest.
❑ HOT CINNAMON SPICE	\$4.35 per oz.	Cinnamon lovers only! Three kinds of cinnamon. Best Seller. Try iced!
❑ IRISH BREAKFAST	\$4.00 per oz.	Certified Organic, rich and malty & strongest flavor of all black teas. Coffee lovers' favorite.
❑ KENILWORTH	\$3.75 per oz.	Brisk and rich, pure Ceylon tea from one of the most famous estates.
❑ LAPSANG SOUCHONG	\$4.00 per oz.	An old time CLASSIC with traditional, strong, smoky Lapsang flavor.
❑ MACAROON	\$4.55 per oz.	This delicious blend will remind you of the best macaroon you ever tasted.
❑ MANGO MEDLEY	\$4.00 per oz.	English Breakfast tea with mango, pineapple, citrus slices, strawberries.
❑ MASALA CHAI	\$4.35 per oz.	Assam tea with cinnamon, Chai spices & whole cardamon pods. The real deal!
❑ NILGIRI	\$4.00 per .75 oz.	Large twisted Assamica Jat leaves from India. Brisk, bright, flavorful tea.
❑ ORANGE & SPICE	\$4.00 per oz.	Orange peel, fruit, cinnamon and apple pie spices that warm you up.
❑ PARIS	\$4.35 per oz.	From the cafés in Paris - fine tea with lemony Bergamot and Vanilla.
❑ PEACHES & GINGER	\$4.35 per oz.	Big chunks of ripe juicy peaches and spicy ginger create a real winner.
❑ PU-ERH	\$5.00 per oz.	Certified Organic and aged for 8 years, this tea has special health properties and an earthy flavor.
❑ SUNNY CHAI	\$5.00 per oz.	Certified Organic, this blended Pu'erh tea is a light twist on the traditional chai flavor.
❑ THANKFUL	\$4.55 per oz.	Black tea mingled with pieces of cranberries, raspberries & pomegranate and peony petals
❑ VANILLA BEAN	\$4.35 per oz.	Madagascar Vanilla Beans flavor full-bodied Ceylon and China black teas.

**Seasonal Teas:** Specially selected teas to enhance your enjoyment of the season. Only available while they last!

❑ COZY SPICE	\$4.95 per oz.	Blend of black tea with citrus, cloves, safflowers, almond, cinnamon, orange and Bourbon vanilla.
❑ SENCHA FIR	\$4.80 per oz.	Blend of Sencha green tea with almonds, orange, vanilla, safflowers and pink peppercorns.
❑ CUPID'S BLEND - AVAILABLE FEB 1ST	\$5.00 per oz.	Black tea with freeze dried cranberries, peony petals, berries, vanilla and mini chocolate chips. Ohlala!
❑ FRUITCAKE	\$5.00 per oz.	Black tea mingled with almonds, dried fruits, cranberries and a hint of buttery coconut.
❑ WINTER WHITE	\$5.75 per .75 oz.	White teas blended with rosehips, hibiscus, safflower, berries and peppermint.

**Herbal Infusions:** Also known as tisanes, these are water-steeped infusions of any type of botanical plants such as herbs, flowers, fruits, seeds. The possibilities are endless. They contain **NO CAFFEINE** because they contain no tea (meaning leaves of the camellia sinensis plant). These infusions do contain many desired soothing, healthful and healing properties.

Steep 1-3 tsp. per 8 oz. 212° water for 1-5 minutes.

❑ BERRY FUSION	\$4.35 per oz.	Delicious dried strawberries, raspberries, cherries, currants & grapes.
❑ CHOCOLATE MINT ROOIBOS	\$4.50 per oz.	A blend of age-defying Rooibos, vanilla, chocolate, mint & apples.
❑ GINGERSNAP	\$4.85 per oz.	Anti-oxidant rich, caffeine free rooibos, blended with nuts, fruit & coconut.
❑ LAVENDER SERENITY	\$4.75 per .75 oz.	Calming mix of lavender flowers, raspberries, lemon peels & hibiscus.
❑ MANDARIN CHAMOMILE	\$4.25 per .75 oz.	Soothing blend of chamomile, citrus, lemongrass, rosehips, hibiscus & mint.
❑ PEPPERMINT	\$3.75 per .5 oz.	Refreshing mint to soothe tummies, clear snuffy heads & restore you.
❑ ROOIBOS	\$4.00 per oz.	Naturally high in healthy antioxidants and anti-aging properties.
❑ SPICY CHAI MATÉ	\$4.70 per oz.	Antioxidant; energizing; appetite suppressant with Chai spices.
❑ TURMERIC GINGER	\$5.00 per oz.	Turmeric & Ginger, lemongrass, oils of orange & lemon, and liquorice root.

**Functional Teas:** Blended to provide support for common concerns; natural, effective, delicious.

❑ DETOX	\$5.25 per oz.	Organic Green Yerba Mate, natural Lemon, lemongrass & Green Tea
❑ ENERGIZE	\$4.35 per oz.	Strong Assam tea & herbal stimulants: Yerba Maté & Cinnamon enliven you.
❑ FLU FIGHTER	\$4.75 per oz.	Pu Erh, anti-oxidant rich green tea and peppermint to keep you well
❑ SWEET DREAMS	\$5.75 per oz.	Chamomile, valerian root, lemon balm, lemon verbena, lavender & spearmint
❑ TOTALI-TEA	\$5.40 per oz.	20 ingredients described by Dr. Oz for weight loss; effective & delicious.
❑ TUMMY TAMER	\$5.10 per oz.	A blend of ginger, peppermint, fennel, star anise & senna, berries and rosehips